

## Turbinate Reduction

You or your family member has had a procedure to relieve nasal obstruction in the front of the nose.

Some oozing out the front of the nose or the back of the throat is normal and expected. Severe bleeding is very rare. If this occurs, please call us.

**Congestion and crusting may occur. This is normal.**

Typically, packing is **NOT** placed. Generally, keeping the area moistened with antibiotic ointment works well. We will send you home with a tube of antibiotic ointment, called Bacitracin, after your procedure. This is available over-the-counter at the pharmacy in the first aid aisle if you lose it or run out. Apply this gently twice a day to the inside of the nostrils.

Some pain and discomfort is normal. Tylenol and Motrin are typically recommended. Prescription strength narcotics are not usually necessary.

**Please call this office if you experience excessive bleeding or pain.**